NAME:

DOB:

MALE FEMALE

GENDER: MALE FE

DATE OF SERVICE:

HISTORY

See new patient history form

INTERVAL HISTORY:

NKDA Allergies:

Current Medications:

Visits to other health-care providers, facilities:

Parental concerns/changes/stressors in family or home:

Psychosocial/Behavioral Health Issues: Y N Findings:

TB questionnaire, risk identified: Y N *Tuberculin Skin Test if indicated TST (See back for form)

DEVELOPMENTAL SURVEILLANCE:

- Gross and fine motor development
- Communication skills/language development
- Self-help/care skills
- Social, emotional development
- Cognitive development
- Mental health

NUTRITION*:

Breastmilk	
Min per feeding:	_ Number of feedings in last 24 hrs:
Formula (type)	-
Oz per feeding:	Number of feedings in last 24 hrs:
Water source:	fluoride: Y N
Solids	_

*See Bright Futures Nutrition Book if needed

IMMUNIZATIONS

Up-to-date Deferred - Reason:

Given today: DTaP Hep A Hep B Hib IPV MMR PCV Meningococcal* Varicella MMRV Hib-Hep B DTaP-IPV-Hep B DTaP-IPV/Hib Influenza

*Special populations: See ACIP

LABORATORY

Tests ordered today: Hgb/Hct: Y N Blood lead test: Y N Other: MEDICAID ID: PRIMARY CARE GIVER: PHONE:

INFORMANT:

UNCLOTHED PHYSICAL EXAM

See growth graph

Weight: (%) Length:	_ (%)
Head Circumference:	(%)	•	,
Heart Rate:	Respiratory Rate:		
Temperature (optional):			

Normal (Mark here if all items are WNL)

Abnormal (Mark all that apply and describe):

Appearance	Mouth/throat	Genitalia
Head/fontanels	Teeth	Extremities
Skin	Neck	Back
Eyes	Heart/pulses	Musculoskeletal
Ears	Lungs	Hips
Nose	Abdomen	Neurological
Abnormal findings:		-

Subjective Vision Screening:	Ρ	F
Subjective Hearing Screening:	Ρ	F

HEALTH EDUCATION/ANTICIPATORY GUIDANCE (See back for useful topics)

Selected health topics addressed in any of the following areas*:

- Family Interactions
 Nutrition
- Setting Routines
 Safety
- Development/Behaviors

*See Bright Futures for assistance

ASSESSMENT

PLAN/REFERRALS

Dental Referral: Y Other Referral(s)

Return to office:

Health Steps

12 MONTH CHECKUP

Signature/title

Name:



RECORD

CHILD HEALTH

Typical Developmentally Appropriate Health Education Topics

12 Month Checkup

- Begin weaning from bottle/breast to cup
- Discipline constructively using time-out for 1 minute/ year of age
- · Encourage supervised outdoor play
- Establish consistent limits/rules and consistent consequences
- Limit TV time to 1-2 hours/day
- Praise good behavior
- Promote language using simple words
- Provide age-appropriate toys
- · Provide favorite toy for self-soothing during sleep time
- Read books and talk about pictures/story using simple words
- Use distraction or choice of 2 appropriate options to avoid/resolve conflicts
- Make 1:1 time for each child in family

- No bottle in bed
- Provide nutritious 3 meals and 2 snacks; limit sweets/ high-fat foods
- Empty all buckets containing water
- Home safety for fire/carbon monoxide poisoning, stair/window gates, electrical outlet covers, cleaning supplies, and medicines out of reach
- Lock up guns
- Provide safe/quality day care, if needed
- Supervise within arm's length when near water/do not leave alone in bath water
- Use of front-facing car seat in back seat of car if >20 pounds
- · Establish consistent bedtime routine
- Establish routine and assist with tooth brushing with soft brush twice a day
- · Maintain consistent family routine
- Provide nap time daily

TB QUESTIONNAIRE Place a mark in the appropriate box:	Yes	bo not know	No
Has your child been tested for TB?			
If yes, when (date)			
Has your child ever had a positive Tuberculin Skin Test?			
If yes, when (date)			
TB can cause fever that lasts for days or weeks, unexplained weight loss, a bad cough (lasting over two weeks), or coughing up blood. As far as you know:			
has your child been around anyone with any of these symptoms or problems?			
has your child been around anyone sick with TB?			
has your child had any of these symptoms or problems?			
Was your child born in Mexico or any other country in Latin America, the Caribbean, Africa, Eastern Europe, or Asia?			
Has your child traveled in the past year to Mexico or any other country in Latin America, the Caribbean, Africa, Eastern Europe, or Asia for longer than 3 weeks?			
If so, specify which country/countries?			
To your knowledge, has your child spent time (longer than 3 weeks) with anyone who is/has been an intravenous (IV) drug user, HIV-infected, in jail or prison, or has recently come to the United States from another country?			

HEARING CHECKLIST FOR PARENTS (OPTIONAL)

	Yes	No	
Ages 9 to 12 months			Points to or looks at familiar objects or people when asked to Looks sad when scolded Follows directions ("Open your mouth," "Give me the ball") Dances and makes sounds to music Uses jargon (appears to be talking) Uses consonant sounds like b, d, g, m, and n when talking Jabbers in response to a human voice, changes loudness of voice, and uses rhythm and tone

EARLY CHILDHOOD INTERVENTION (ECI)

The ECI referral form is available at:

http://txpeds.org/sites/txpeds.org/files/documents/ECI-Referral-Form.pdf

